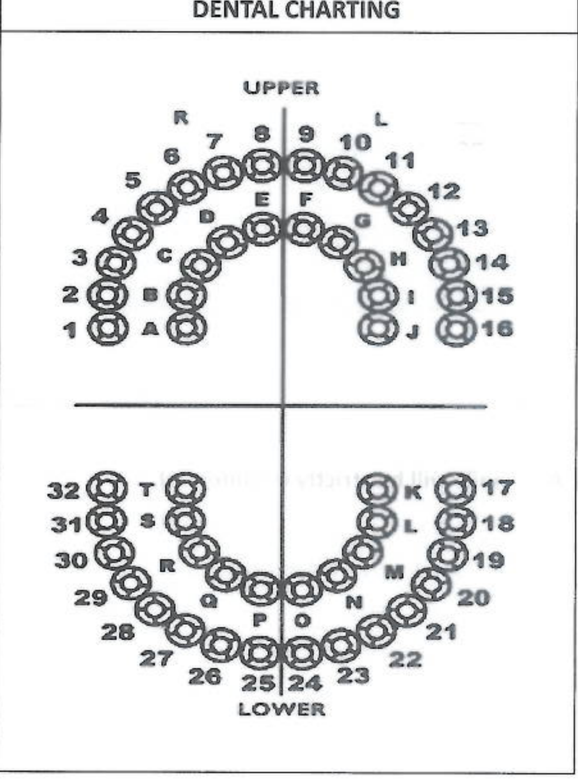
Oral Health Information Adult	Yes	No
Do you gag easily?	☐	☑
Do you wear dentures?	☐	☑
Does food catch between your teeth?	☐	☑
Do you have difficulty in chewing your food?	☐	☑
Do you chew on only one side of your mouth?	☐	☑
Do your gums bleed easily?	☐	☑
Do your gums bleed when you floss?	☐	☑
Do your gums feel swollen or tender?	☐	☑
Are your teeth sensitive?	☐	☑
Do you take fluoride supplements?	☐	☑
Do you prefer to save your teeth?	☑	☐
Do you want complete dental care?	☑	☐

DENTAL CHARTING



Oral Health Information Pediatric/Child	Yes	No
Does your child use a thoothpase with flouride in it?	☐	☐
Do you help your child with toothbrushing?	☐	☐
Have your child experince in a dental treatment?	☐	☐
Have your child ever had cavities?	☐	☐
Does your child complain of mouth pain?	☐	☐
Does your child take a bottle to bed?	☐	☐
Does your Child loves to eat foods like Chocolates, candy, snacks a lot?	☐	☐
Does your child gums bleed easily?	☐	☐

Health Information for TMJ	Yes	No
Do you clench or grind your jaws frequently?	☐	☐
Do your jaws ever feel tired?	☐	☐
Does your jaw get stuck so that you can't open freely?	☐	☐
Does it hurt when you chew or open wide to take a bite?	☐	☐
Do you have earaches or pain in front of the ears?	☐	☐
Do you have any jaw headaches upon awaking in the morning?	☐	☐
Do you find jaw pain or discomfort extremely frustrating /depressing?	☐	☐
Do you have a temporomandibular (jaw) disorder (TMD)?	☐	☐
Do you have pain in the face, cheeks, jaws, joints, throat, or temples?	☐	☐
Are you unable to open your mouth as far as you want?	☐	☐
Are you aware of an uncomfortable bite?	☐	☐
Have you had a blow to the jaw (trauma)?	☐	☐
Are you a habitual gum chewer or pipe smoker?	☐	☐

Category	0 = healthy	1 = changes	2 = unhealthy	Score
Lips	Smooth, Pink, Moist	Dry, chapped, red at corners	Swelling or lump ulcerated at corners	
Tongue	Normal, Moist, Pink	Patchy, fissured, red, coated	Patch that is red & ulcerated, swollen	
Gums & Tissues	Pink, Moist, Smooth	Dry, shiny, rough, swollen 1 to 6 teeth	Swollen, bleeding Generalized redness	
Saliva	Moist Tissues, Watery	Dry, sticky tissues, Little saliva present	No saliva present Tissues parched	
Natural Teeth	No Decayed/ Broken Teeth	1 to 3 decayed / 1 broken teeth	4 or more decayed & broken teeth	
Denture(s)	No Broken Areas	1 Broken Area	More than 1 broken	

FALL RISK ASSESSMENT

Falls are common for 65yrs of age and older.	Points	Yes	No
Do you fallen in the pass years?	2	☐	☐
Are you using or advice to use cane or walker?	2	☐	☐
Are you lose a balance while walking?	1	☐	☐
You Worry about falling?	1	☐	☐
Do you use your arm/s to push your self from a chair?	1	☐	☐
Do you have trouble stepping up onto a crub/steps?	1	☐	☐
Are you sways when standing stationary?	1	☐	☐
Do you take short narrow step?	1	☐	☐
Are you stamble often or look at the ground when you walk?	1	☐	☐
Do you frequently have to rush to the toilet?	1	☐	☐
Do you have lost some feeling in one or both of your feet?	1	☐	☐
Do you take any medication to feel light headed or sleepy?	1	☐	☐
	14	☐	☐
Total Points			

YOUR FALL RISK →

0 1 2 3 4 5 6 7 8+

LOW MODERATE AT RISK HIGH URGENT SEVERE

Dr. Pearl Pinto
DENTISTREE DENTAL CLINIC

Shop 3, Wasl Port Views 8,
Next to Hyatt Place,
Al Mina Road, Jumeirah 1, Dubai
United Arab Emirates

Dentist Stamp :

Date :