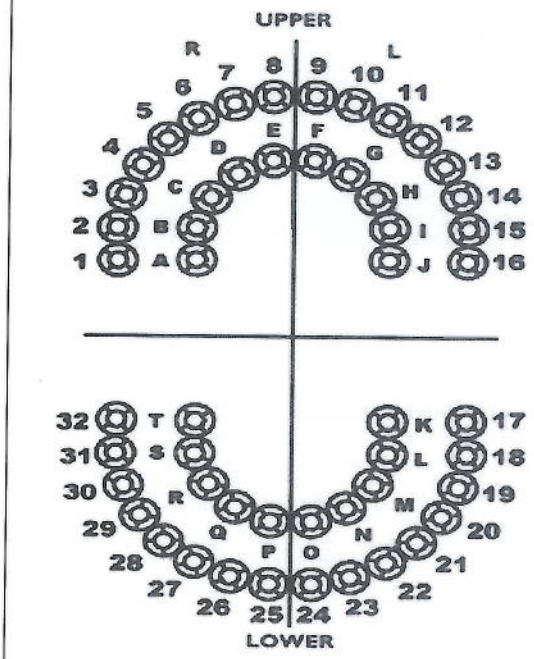
Oral Health Information Adult	Yes	No
Do you gag easily?	☐	☑
Do you wear dentures?	☐	☑
Does food catch between your teeth?	☐	☑
Do you have difficulty in chewing your food?	☐	☑
Do you chew on only one side of your mouth?	☐	☑
Do your gums bleed easily?	☐	☑
Do your gums bleed when you floss?	☐	☑
Do your gums feel swollen or tender?	☐	☑
Are your teeth sensitive?	☐	☑
Do you take fluoride supplements?	☐	☑
Do you prefer to save your teeth?	☑	☐
Do you want complete dental care?	☑	☐

DENTAL CHARTING



Oral Health Information Pediatric/Child	Yes	No
Does your child use a thoothpase with flouride in it?	☐	☐
Do you help your child with toothbrushing?	☐	☐
Have your child experince in a dental treatment?	☐	☐
Have your child ever had cavities?	☐	☐
Does your child complain of mouth pain?	☐	☐
Does your child take a bottle to bed?	☐	☐
Does your Child loves to eat foods like Chocolates, candy, snacks a lot?	☐	☐
Does your child gums bleed easily?	☐	☐

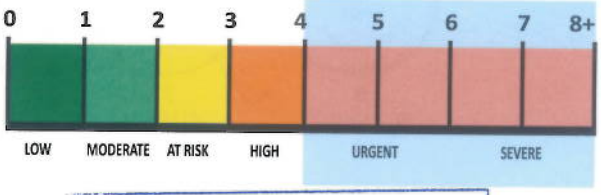
Health Information for TMJ	Yes	No
Do you clench or grind your jaws frequently?	☐	☐
Do your jaws ever feel tired?	☐	☐
Does your jaw get stuck so that you can't open freely?	☐	☐
Does it hurt when you chew or open wide to take a bite?	☐	☐
Do you have earaches or pain in front of the ears?	☐	☐
Do you have any jaw headaches upon awaking in the morning?	☐	☐
Do you find jaw pain or discomfort extremely frustrating /depressing?	☐	☐
Do you have a temporomandibular (jaw) disorder (TMD)?	☐	☐
Do you have pain in the face, cheeks, jaws, joints, throat, or temples?	☐	☐
Are you unable to open your mouth as far as you want?	☐	☐
Are you aware of an uncomfortable bite?	☐	☐
Have you had a blow to the jaw (trauma)?	☐	☐
Are you a habitual gum chewer or pipe smoker?	☐	☐

Category	0 = healthy	1 = changes	2 = unhealthy	Score
Lips	Smooth, Pink, Moist	Dry, chapped, red at corners	Swelling or lump ulcerated at corners	
Tongue	Normal, Moist, Pink	Patchy, fissured, red, coated	Patch that is red & ulcerated, swollen	
Gums & Tissues	Pink, Moist, Smooth	Dry, shiny, rough, swollen 1 to 6 teeth	Swollen, bleeding Generalized redness	
Saliva	Moist Tissues, Watery	Dry, sticky tissues, Little saliva present	No saliva present Tissues parched	
Natural Teeth	No Decayed/ Broken Teeth	1 to 3 decayed / 1 broken teeth	4 or more decayed & broken teeth	
Denture(s)	No Broken Areas	1 Broken Area	More than 1 broken	

FALL RISK ASSESSMENT

Falls are common for 65yrs of age and older.	Points	Yes	No
Do you fallen in the pass years?	2	☐	☐
Are you using or advice to use cane or walker?	2	☐	☐
Are you lose a balance while walking?	1	☐	☐
You Worry about falling?	1	☐	☐
Do you use your arm/s to push your self from a chair?	1	☐	☐
Do you have trouble stepping up onto a crub/steps?	1	☐	☐
Are you sways when standing stationary?	1	☐	☐
Do you take short narrow step?	1	☐	☐
Are you stamble often or look at the ground when you walk?	1	☐	☐
Do you frequently have to rush to the toilet?	1	☐	☐
Do you have lost some feeling in one or both of your feet?	1	☐	☐
Do you take any medication to feel light headed or sleepy?	1	☐	☐
	14	☐	☐
Total Points			

YOUR FALL RISK →



Dr. Rehna Ramachandran
General Dentist
~~ENTISTREE~~ ~~DHA-00112064-001~~
ENTISTREE DENTAL CLINIC

Dentist Stamp :

Date : _____

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Next to Hyatt Place,
Al Mina Road, Jumeirah 1, Dubai
United Arab Emirates