

## Comprehensive Dental Report

**Patient Name:** Ms. Zara Youshey

**Gender:** Female

**Age:** 14 years

**Patient ID:** M25254

**Date of Visit:** 06 July 2025

### Clinical Examination Summary:

Ms. Zara Youshey visited to Dr. Joy Dental Clinic (DSO Branch) for a routine dental examination in preparation for an international relocation.

### Findings:

- **Dentition Status:**

Complete set of permanent dentition present.

- **Caries Assessment:**

Multiple and recurrent secondary caries observed in the following teeth:

- **Maxillary arch (upper):** Tooth numbers 2, 3, 14, 15
- **Mandibular arch (lower):** Tooth numbers 18, 19, 30, 31
- **Additional Observations:**

Certain upper premolars show early carious lesions. Radiographic evaluation confirms these lesions are not deep, but they warrant continued monitoring.

- **Oral Hygiene:**

Moderate plaque and calculus accumulation noted, indicating the need for improved daily oral hygiene practices.

- **Radiographic Evaluation:**

Confirms recurrent decay without deep pulpal involvement in early-stage lesions. No acute pathology observed.

**Treatment Plan and Recommendations:**

1. Restorative Care:
  - Restoration of decayed and recurrently affected teeth (2, 3, 14, 15, 18, 19, 30, 31) using appropriate restorative materials.
2. Preventive and Supportive Management:
  - Diet Counseling to limit cariogenic foods and improve enamel health.
  - Oral Prophylaxis (Scaling and Polishing) to remove plaque and calculus.
  - Topical Fluoride Application to reinforce enamel and reduce future caries risk.
3. Follow-Up and Monitoring:
  - Routine dental check-ups every 6 months recommended.
  - Continued observation of non-invasive lesions on premolars.

**Prognosis:**

Fair to Good. With timely restorative intervention, improved dietary habits, and regular oral hygiene maintenance, further carious progression can be effectively managed and overall oral health preserved.

Regards,

**Dr. Priya Verma**

Pediatric Dentist

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