

## Informed Consent for Veneers

Patient File No : 3647  
Patient Name : Pakkhi Pahuja  
Nationality : Indian  
Emirates ID : 784-1983-1513245-0

DOB : 30-Apr-1983  
Gender : Female  
Date : 10-May-2025

### Diagnosis:

#### Facts for Consideration

Dental veneers (sometimes called porcelain veneers or dental porcelain laminates) are custom made thin, shells of tooth-colored material. These shells are bonded to the front of the teeth, changing their color, shape, size or length.

Anterior (front tooth) veneer treatment involves removing less tooth structure than a full crown preparation. However, the process is irreversible because part of the tooth's enamel must be removed to provide adequate space to cement the shell, in the majority of cases.

The restoration for a veneer requires two phases: 1) the preparation of the tooth, taking an impression to send to the lab, and 2) the adjustment and cementation of the veneer when esthetics and function have been verified.

#### Benefits of veneers, not limited to the following:

During the reduction of tooth structure or adjustments done to temporary restorations, it is possible for the tongue, cheek or other oral tissues to be inadvertently abraded or lacerated (cut).

A veneer is typically used for teeth that are discolored, either because of root canal treatment, stains from tetracycline or other drugs, excessive fluoride or the presence of large resin fillings that have discolored the tooth. Veneers can protect teeth that are worn down, chipped or broken.

A veneer can be used for aesthetic purposes to repair teeth that are misaligned, uneven or irregularly shaped, and to close the space between teeth that have gaps between them.

#### Risks of Veneers, Not Limited to the Following:

I understand that preparing a tooth for a veneer will consist of removing the enamel from the surface of the teeth involved. This preparation may irritate the nerve tissue (called the pulp) in the center of the tooth, leaving my tooth feeling sensitive to heat, cold, or pressure. Sensitive teeth may require additional treatment including endodontic (root canal) treatment. Minimal preparation (Approx. 0.5mm) is usually optional to avoid this but sometimes sensitivity is unavoidable.

I understand that holding my mouth open during treatment may temporarily leave my jaw feeling stiff and sore and may make it difficult for me to open wide for several days. This can occasionally be an indication of a further problem. I must notify your Clinic if this or other concerns arise.

I understand that veneers are usually not repairable should they chip or crack. In this case they need to be replaced or sometimes need for a full coverage crown may be warranted.

I understand that veneers may not exactly match the colour of my other teeth. Also, the veneer's colour cannot be altered once in place.

I understand that while it is not likely, veneers can dislodge and fall off. To minimize the chance of this occurring, I should not bite my nails, chew on pencils, ice or other hard objects, or otherwise put parafunctional pressure on my teeth. Also, grinding or clenching my teeth may cause the veneer to become dislodged.

I understand there is a risk of aspirating (inhaling) or swallowing the veneer during treatment.

I understand that I may receive a local anesthetic and / or other medication. In rare instances, patients may have a reaction to the anesthetic, which could require emergency medical attention, or find that it reduces their ability to control swallowing. This increases the normal chance of swallowing foreign objects during treatment. Depending on the anesthesia and medications administered, I may need a designated driver to take me home. Rarely, temporary or permanent nerve injury can result from an injection.

I understand that ALL medications have the potential for accompanying risks, side effects and drug interactions. Therefore, it is critical that I tell my dentist of all medications I am currently taking.

I understand that every reasonable effort will be made to ensure the success of my treatment.

#### Alternatives to veneers, are not limited to the following:

I understand that depending on the reasons I am choosing to have a veneer placed, alternatives may exist, including orthodontics for tooth alignment. I have asked my dentist about them and their respective expenses (if applicable). My questions have been answered to my satisfaction regarding the procedures and their risks, benefits and costs.

I consent to photography, filming, recording, and x-rays of the procedure to be performed for the advancement of implant dentistry, provided my identity is not revealed.

It is the patient's responsibility to seek attention from the dentist should any undue or unexpected problems occur. The patient must diligently follow any and all instructions, including the scheduling and attending all appointments. I have had the chance to ask questions and