

## INFORMED CONSENT FOR TOOTH WHITENING TREATMENT

<b>Patient File No</b>	: 3515		
<b>Patient Name</b>	: Jake Nix Heath	<b>DOB</b>	: 17-Oct-1995
<b>Nationality</b>	: British	<b>Gender</b>	: Male
<b>Emirates ID</b>	: 784-1995-2610010-4	<b>Date</b>	: 13-Apr-2024

This information's have been given to me so that I can make an informed decision about having my teeth whitened. I have the right to ask questions about any procedure before agreeing to undergo the procedure.

### DESCRIPTION OF THE PROCEDURE

In-office tooth whitening is a procedure designed to lighten the color of my teeth using a hydrogen peroxide gel. During the procedure, the whitening gel will be applied to my teeth for three (3), 15 minute sessions before and after the treatment, the shade of my upper -front teeth will be assessed and recorded.

### ALTERNATIVE TREATMENTS:

I understand there are alternative treatments for whitening my teeth for which my dentist can provide me additional information. These treatments include:Whitening Toothpastes/Gels, Take-Home Whitening Kits

### RISKS OF TREATMENT

I also understand that whitening treatment results may vary or regress due to a variety of circumstances. I understand that almost all natural teeth can benefit from whitening treatments and significant whitening can be achieved in most cases. I understand that whitening treatments are not intended to lighten artificial teeth, caps, crowns, veneers or porcelain, composite or other restorative materials and that people with darkly stained yellow or yellow-brown teeth frequently achieve better results than people with gray or bluish-gray teeth. I understand that teeth with multiple colorations, bands, spots or spots due to tetracycline use or fluorosis do not whiten as well, may need multiple treatments or may not whiten at all. I understand that teeth with many fillings, cavities, chips or cracks will not lighten and are usually best treated with other non-bleaching alternatives. I understand that Provisionals or temporaries made from acrylics may become discolored after exposure to treatment.

I understand that treatment is not recommended for patients with known sensitivity to resins, peroxides or glycols.

I understand that the results of my Treatment cannot be guaranteed.

I understand that in-office whitening treatments are considered generally safe by most dental professionals. I understand that some of the potential complications of this treatment include, but are not limited to:

#### Tooth Sensitivity/Pain-

During the first 24 hours after treatment, many patients can experience some tooth sensitivity or pain. This is normal. Normally, tooth sensitivity or pain following a treatment subsides after a few days, but it may persist for longer periods of time in susceptible individuals. People with existing sensitivity, recession, exposed dentin, exposed root surfaces and occlusal wear facets (severely worn teeth), damaged or missing enamel, cracked teeth, abfractions (micro -cracks), open cavities, leaking fillings, or other dental conditions that cause sensitivity or allow penetration of the gel into the tooth may find that those conditions increase or prolong tooth sensitivity or pain after treatment.

#### Gum/Lip/Cheek Inflammation -

Whitening may cause inflammation of your gums, lips, or cheek margins. The inflammation is usually temporary which will subside in a few days but may persist longer and may result in significant pain or discomfort.

#### Dry/Chapped Lips -

The treatment involves three 15-minute sessions during which the mouth is kept open continuously for the entire treatment by a plastic retractor. This could result in dryness or chapping of the lips or cheek margins, which can be treated by application of lip balm, petroleum jelly or Vitamin E cream

#### Cavities or Leaking Fillings-

Most dental whitening is indicated for the outside of the teeth, except for patients who have already undergone a root canal procedure.

If any open cavities or fillings that are leaking and allowing gel to penetrate the tooth are present, significant pain and damage to the tooth could result. I understand that if my teeth have these conditions, I should have my cavities filled or my fillings re-done before undergoing the treatment.

#### Cervical Abrasion/Erosion-

These are conditions which affect the roots of the teeth when the gums recede. These areas appear darker because they lack the enamel that covers the rest of the teeth. Even if these areas are not currently sensitive, they can allow the whitening gel to penetrate the teeth causing sensitivity, pain and possible damage to the nerve. I understand that if my teeth have these conditions, I should not undergo the treatment

#### Root Resorption--

Whitening may cause inflammation of your gums, lips, or cheek margins. The inflammation is usually temporary which will subside in a few days but may persist longer and may result in significant pain or discomfort.