

Mayank Chhabra

Showing 4 Consultation Notes

29-03-2023 @ 9:00 AM

Upper Left 6 Medium tooth coloured filling

**Notes**

**Filling appointment :**

No further complaints  
MH checked no changes  
Nurse: Olga  
Dentist: Zaeem Jafri  
UL6mo composite has fractured, no pain

**LA:**

Infiltration  
Buccal  
Articaine 4% 1:200,000 epinephrine  
Vol: 2.2  
Syringe

**Treatment:**

Tooth: UL6 (M, O)  
Material: Composite  
Old restoration removed with high speed diamond  
Caries cleared from ADJ with rosehead - hard and scratchy  
stained central floor left  
Notes: Nil  
Matrix: Sectional band , wedge  
No Ring  
Enamel etched, Scotchbond scrubbed into dentine and cured  
Flowable liner  
Incrementally built-up and cured  
Filltek universal  
Shade: A2  
Occ checked with artic paper  
CP established and flossed  
Polished with: Diamond brushes  
No photos taken

**Post-op:**

Pt happy comfortable  
Aware of need to keep margins clean to prevent secondary decay Floss advised  
Replacement needed in the future  
No issues or questions  
TCA for PA of LR6 in 6 months and compare RL area

04-03-2023 @ 9:45 AM

Hygienist visit 45min

**Notes**

Pt arrived 5 mins late

Dental Hygiene appointment

Rahana Begum

**COVID 19- treatment checklist:**

Screening for COVID 19 complete: Yes

Nurse- Olga

VCG

Petroleum gel applied to lips

CO-Pt noticed floss tears ULQ when flossing

MH-checked, no meds at present and no allergy's

SH-never-smoker

DH-Due exam at next interval

OHR-ETB x2/d (oral b), floss every few days, mw occ

E/O-NAD

I/O-ST-NAD

O/E-OH Good/Fair 10% soft plq present, loc supra ging calc deposits+, loc i/d BOP++imm<10%, loc i/d/ plq deposits++, loc recession up to 2mm, gen staining++++, UL6MO fracture shown pt in mirror, filling needed

Tx-BPE recorded, pls ses TAB highest score of 2

Probing depths up to 3mm

Aetio of perio disc in regards to OH and Inflammation

FM PMPR with comb tech surpa and sub ging

calc+++

bleeding+++

FM polish

OHI-

Demopink icon for post region and demo floss tech for ant region to work into GM, disc import of daily use

To expect bleeding and tenderness of the gums for the first few days

Demo TBT tech to focus on GM and to brush slower, LR6 to not push on GM of crown

Adv pt to replace ETB heads between 1-3 months

Adv spit don't rinse

Adv pt to use mouthwash different time to toothbrushing

TCA-6/12

UL6MO needed

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Created By: Rahana Begum  
@ 04-03-2023

10-09-2022 @ 12:45 PM

Hygienist visit 45min

**Details**

Pt arrived 10 mins late

Dental Hygiene appointment

Rahana Begum

**COVID 19- treatment checklist:**

Screening for COVID 19 complete: Yes

Nurse- Azizah

VCG

Petroleum gel applied to lips

CO-nil

MH-checked, no meds at present and no allergies

SH-never-smoker

DH-recently had an exam with ZJ, pls see notes

OHR-ETB x2/d (oral b), floss occ, mw occ

E/O-FS/Lymph/TMJ-NAD

I/O-ST-FOM/ROM/Hard/Soft Palate/Tongue/Buccal mucosa-NAD

O/E-OH Good/Fair 10% soft plq present, gen supra and loc sub ging calc deposits+, loc i/d  
BOP++imm<10%, gen i/d/ plq deposits++, loc recession up to 2mm, gen staining++++

Tx-BPE recorded, pls ses TAB highest score of 2

Probing depths up to 3mm

Aetio of perio disc in regards to OH and Inflammation

FM PMPR with comb tech surpa and sub ging

calc+++

bleeding+++

FM polish

OHI-

Demo floss tech for post region and ant region to work into GM, disc import of daily use

To expect bleeding and tenderness of the gums for the first few days

Demo TBT tech to focus on GM and to brush slower, demo sonic care test drive

Adv pt to replace ETB heads between 1-3 months

Adv spit don't rinse

Adv pt to use mouthwash different time to toothbrushing

TCA-6/12

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Created By: Rahana Begum  
@ 10-09-2022

07-09-2022 @ 11:45 AM

**Exam**

**Exam Appointment:**

New Patient

Nurse: Viktorija

Full MH form: Already present

Important notes from MH: Nil

Notes from hyg appointment Seeing hyg after exam on Saturday

**Nurse's notes:**

Previous dentist was in Canada. Last check up June 2021. No urgent issues that patient is complaining about just wants his teeth check up done and to make sure he has healthy mouth.

Lower right 7 has some problem with a crown (space).

Not flossing, but started recently, brushing twice a day. Esthetic look is second in importance, the main is healthy teeth and no infections. Wants to see hygienist to have his teeth cleaned.

Trying to eat healthy, minimum sugar and to brush straight after.

Has a nightguard.

Non smoker.

**Presenting Complaint:**

Wants to ensure teeth are healthy

LR6 has had extensive RCT in the post and a crown that some dentists didn't want to attempt so he knows it is poor prog (4 years old)

Would like a straighter smile eventually

**History:**

Last dental check-up: 12 months

**Examination Findings:**

TMJ: Popping and clicking RHS no issues

Lymph nodes: NAD

Saliva glands: NAD

IO soft tissues: NAD

Digital scan: Taken today

Photographs: Nil

OH: Good

Bleeding: <10%

Anterior open bite.

Upper palatal erosion mild - to monitor - pt has heartburn but better right now

**Bite-Wing Report:**

Taken to assess for caries and bone levels

RHS Grade: 1

LHS Grade: 1

Missing Teeth: Nil

Radiolucencies: Nil

Restorations requiring attention: Nil

Bone levels: Normal

Calculus visible: No

Impacted 8's: Nil  
Other pathology: Nil

**Peri Apical Report:**

PAs: Taken to assess apical status, bone levels, caries and root morphology

Number taken: 1

Teeth visible: LR6

Grade: 1

Caries: Nil

Bone levels: Normal

Other Findings from PAs: RL around root apex - pt said it is smaller than before - asked him to get rads from previous dentist so that we can compare

**Risk Assessment:**

Caries: Low

Periodontal: Low

Tooth wear: Medium

Oral Cancer: Low

**Diagnosis:**

Periodontal (Gums): Localised gingivitis

Enamel caries: Nil

Dentine/extensive caries: Nil

Tooth Wear: Erosion

Fractures: Nil

Defective restorations: Nil

Recession: Nil

**Discussion today:**

Advised to book an appointment with the hygienist - booked in already

Teeth in good condition

cometic options

- whitening

- comp bonding 11/21

- veneers 12-22

Invisalign for lower crowding

Pt will think about it

Pt will email us x-rays from previous endodontist

**Treatment Plan :**

Hygienist Appointment (hyg to advise of hyg recall period)

Recall (next check-up): 12 months